



St Vincents Interventional Radiology

Patient Appointment Letter

Patient Name:

DOB:

Email:

Phone:

Procedure:

Procedure Date:

Hospital:

Arrival Time:

- Follow this instructions even if you are given different instructions from your provider's office, scheduling or Pre Admission Testing.
- Check in at Registration on the 1st Floor of the hospital when you arrive.
- You must have someone else drive you home following your procedure.
- You may have clear liquids up to 2 hrs and light meals or milk up to 6 hrs prior to your procedure.
No fatty meals or meat after midnight prior to your procedure.
- You will receive local anesthesia for your procedure.
- You may take all of your prescription medications as you normally would (with sips of water up to 2 hrs before your procedure).
- You do not need to stop taking blood thinners for your procedure. For the procedure you are having, patients taking blood thinners may experience more bruising at the procedure site compared with patients who stop taking blood thinners, however this bruising rarely requires medical treatment. You may stop your blood thinner for the time frame indicated below prior to your procedure if you wish, however you must obtain permission to hold your blood thinning medication from whomever prescribed it. **Do not stop these medications on your own.**
 - 12 hours - Lovenox (enoxaparin)
 - 24 hours - Arixtra (fondaparinux)
 - 2 days - Aggrenox (aspirin/dipyridamole)
 - 3 days - Plavix (clopidogrel), Coumadin (warfarin), Effient (prasugrel), Ticlid (ticlopidine)
 - 5 days - Brilinta (ticagrelor)
 - Aspirin and other NSAIDS do not need to be held prior to your procedure.
- If you are a diabetic patient, follow the following instructions:
 - Do not take any oral diabetic medications the morning of your procedure.
 - Do not take short-acting insulin the morning of your procedure.
 - Take only half the dose of long-acting insulin the evening before your procedure. Do not take long-acting insulin the morning of your procedure.
 - Monitor your glucose throughout the day and take glucose tablets as needed.
 - If you are on an insulin pump, contact your Endocrinologist for further instructions.

Additional information on the next page.

- Contact Interventional Radiology Scheduling at one of the numbers below if you need to change or cancel your appointment or if you have any questions regarding your appointment.
 - St Vincents Riverside - 904-308-8330 - 1 Shircliff Way, Jacksonville, FL 32204
 - St Vincents Southside - 904-602-1286 - 4201 Belfort Rd, Jacksonville, FL 32216
 - St Vincents Clay County - 904-602-1286 - 1670 St. Vincents Way, Middleburg, FL 32068
 - St Vincents St Johns County - 602-1286 - 205 Trinity Way Hospital, St Johns, FL 32259