



St Vincents Interventional Radiology

Patient Appointment Letter

Patient Name:

DOB:

Email:

Phone:

Procedure:

Hospital:

Consultation Date:

Arrival Time:

- Check in at Registration on the 1st floor of the hospital when you arrive. You do not need to fast and are not required to have a driver for this consultation appointment.

Procedure Date:

Arrival Time:

- Follow these instructions even if they differ from guidance provided by your provider's office, scheduling, or Pre Admission Testing.
- Check in at Registration on the 1st floor of the hospital when you arrive.
- You must have someone else drive you home after your procedure.
- Stop eating food and drinking non-clear liquids at least 8 hours before your procedure. You may drink water and other clear liquids up to 2 hours before your procedure.
- You may take all of your medications as you normally would with sips of water up to 2 hours before your procedure, except for **some diabetes** and **weight loss medications**.
- You do not need to stop taking blood thinners for your procedure; however, patients who continue blood thinners may experience more bruising compared with patients who stop these medications. If you wish, you may stop your blood thinner for the time frame indicated below prior to your procedure, but you must obtain permission from the provider who prescribed it. **Do not stop these medications on your own.**
 - 12 hours - Lovenox (enoxaparin)
 - 24 hours - Arixtra (fondaparinux)
 - 2 days - Aggrenox (aspirin/dipyridamole)
 - 3 days - Plavix (clopidogrel), Coumadin (warfarin), Effient (prasugrel), Ticlid (ticlopidine)
 - 5 days - Brilinta (ticagrelor)
 - You do not need to stop aspirin, ibuprofen, naproxen, or other NSAIDs before your procedure.
- If you have diabetes, please follow these additional instructions:
 - Do not take any oral diabetes medications the morning of your procedure.
 - Do not take short-acting insulin the morning of your procedure.
 - Take only half your usual dose of long-acting insulin the evening before your procedure. Do not take long-acting insulin the morning of your procedure.
 - Monitor your blood glucose throughout the day and take glucose tablets as needed.
 - If you use an insulin pump, please contact your endocrinologist for further instructions.

- If you were told that your procedure will involve **general anesthesia** (use of a breathing tube), the Anesthesiology department requires the following diabetes and weight loss medications to be held for the time frames indicated below.
 - 24 hours - Brynovin, Byetta, Exenatide, Janumet, Januvia, Jentadueto, Liraglutide, Lixisenatide, Rybelsus, Saxagliptin, Saxenda, Sitagliptin, Soliqua 100/33, Tradjenta, Victoza, Xultophy 100/3.6, Zituvimet, Zituvio
 - 4 days - Bexagliflozin, Brenzavvy, Canagliflozin, Dapagliflozin, Empagliflozin, Ertugliflozin, Farxiga, Glyxambi, Invokamet, Invokana, Jardiance, Qtern, Segluromet, Steglatro, Steglujan, Synjardy, Trijardy, Xigduo XR
 - 7 days - Bydureon BCise, Dulaglutide, Mounjaro, Ozempic, Tirzepatide, Trulicity, Wegovy, Zepbound
- Please contact Interventional Radiology Scheduling at one of the numbers below if you need to change or cancel your appointment or if you have any questions about your appointment.
 - St Vincents Riverside - 904-308-8332 - 1 Shircliff Way, Jacksonville, FL 32204
 - St Vincents Southside - 904-450-8703 - 4201 Belfort Rd, Jacksonville, FL 32216
 - St Vincents Clay County - 904-602-1286 - 1670 St. Vincents Way, Middleburg, FL 32068
 - St Vincents St Johns County - 904-450-8703 - 205 Trinity Way Hospital, St Johns, FL 32259