



St Vincents Interventional Radiology

Patient Appointment Letter

Patient Name:

DOB:

Email:

Phone:

Procedure:

Procedure Date:

Hospital:

Arrival Time:

- Follow this instructions even if you are given different instructions from your provider's office, scheduling or Pre Admission Testing.
- Check in at Registration on the 1st Floor of the hospital when you arrive.
- You must have someone else drive you home following your procedure.
- You will need someone to stay with you for 24 hrs following your procedure.
- You must not have food or non clear liquids starting 8 hrs prior to your procedure.
You may have clear liquids up to 2 hrs prior to your procedure.
- You may take all of your medications as you normally would (except for blood thinners).
- The following blood thinners must be stopped for the time frame indicated prior to your procedure. Contact one of the numbers below if you are unable to stop any of the listed medications for the indicated time. You must obtain permission to hold your blood thinning medication from whomever prescribed it. **Do not stop the medication on your own.**
 - 24 hours - Motrin/Advil (ibuprofen), Lovenox (enoxaparin), Fragmin (dalteparin), ketoprofen, Voltaren (diclofenac)
 - 2 days - Indocin (indomethacin), Savaysa (edoxaban), Clinoril (sulindac)
 - 3 days - 81 mg Aspirin, Eliquis (apixaban), Xarelto (rivaroxaban), Bevyxxa (betrixaban), Aggrenox (aspirin/dipyridamole)
 - 4 days - Aleve (naproxen), Pradaxa (dabigatran), Mobic (meloxicam), Dolobid (diflunisal)
 - 5 days - 325 mg Aspirin, Plavix (clopidogrel), Coumadin (warfarin), Brilinta (ticagrelor), Arixtra (fondaparinux)
The following medications must be held for 5 days if they contain aspirin: Bufferin, Alka Seltzer, Anacin, Excedrin & Goody's BC Powder.
 - 6 days - Relafen (nabumetone)
 - 7 days - Ticlid (ticlopidine), Effient (prasugrel)
 - 10 days - Feldene (piroxicam)

Additional information on the next page.

- If you are a diabetic patient, follow the following instructions:
 - Do not take any oral diabetic medications the morning of your procedure.
 - Do not take short-acting insulin the morning of your procedure.
 - Take only half the dose of long-acting insulin the evening before your procedure. Do not take long-acting insulin the morning of your procedure.
 - Monitor your glucose throughout the day and take glucose tablets as needed.
 - If you are on an insulin pump, contact your Endocrinologist for further instructions.
- If you were told that your procedure will involve the use of **general anesthesia** (use of a breathing tube), the Anesthesiology department requires the following medications to be held for the timeframe indicated. All of medications are prescription medications related to diabetes or weight loss.
 - 24 hours - Brynovin, Byetta, Exenatide, Janumet, Januvia, Jentadueto, Liraglutide, Lixisenatide, Rybelsus, Saxagliptin, Saxenda, Sitagliptin, Soliqua 100/33, Tradjenta, Victoza, Xultophy 100/3.6, Zituvimet, Zituvio
 - 4 days - Bexagliflozin, Brenzavvy, Canagliflozin, Dapagliflozin, Empagliflozin, Ertugliflozin, Farxiga, Glyxambi, Invokamet, Invokana, Jardiance, Qtern, Segluromet, Steglatro, Steglujan, Synjardy, Trijardy, Xigduo XR
 - 7 days - Bydureon BCise, Dulaglutide, Mounjaro, Ozempic, Tirzepatide, Trulicity, Wegovy, Zepbound
- Contact Interventional Radiology Scheduling at one of the numbers below if you need to change or cancel your appointment or if you have any questions regarding your appointment.
 - St Vincents Riverside - 904-308-8330 - 1 Shircliff Way, Jacksonville, FL 32204
 - St Vincents Southside - 904-602-1286 - 4201 Belfort Rd, Jacksonville, FL 32216
 - St Vincents Clay County - 904-602-1286 - 1670 St. Vincents Way, Middleburg, FL 32068
 - St Vincents St Johns County - 602-1286 - 205 Trinity Way Hospital, St Johns, FL 32259