



# St Vincents Interventional Radiology

## Patient Appointment Letter

Patient Name:

DOB:

Email:

Phone:

Procedure:

Procedure Date:

Hospital:

Arrival Time:

- Follow these instructions even if they differ from guidance provided by your provider's office, scheduling, or Pre Admission Testing.
- Check in at Registration on the 1st floor of the hospital when you arrive.
- You must have someone else drive you home after your procedure.
- You will need someone to stay with you for 24 hours after your procedure to help monitor for any complications.
- Stop eating food and drinking non-clear liquids at least 8 hours before your procedure. You may drink water and other clear liquids up to 2 hours before your procedure.
- You may take all of your medications as you normally would with sips of water up to 2 hours before your procedure, except for **blood thinners** and **some diabetes** medications.
- The following blood thinners must be stopped for the time frame indicated below prior to your procedure. If you are unable to stop any of these medications for the required time, please contact one of the numbers below. You must obtain permission to hold your blood-thinning medication from the provider who prescribed it. **Do not stop these medications on your own.**
  - 24 hours - Motrin/Advil (ibuprofen), Lovenox (enoxaparin), Fragmin (dalteparin ), ketoprofen, Voltaren (diclofenac)
  - 2 days - Indocin (indomethacin), Savaysa (edoxaban), Clinoril (sulindac)
  - 3 days - 81 mg Aspirin, Eliquis (apixaban), Xarelto (rivaroxaban), Bevyxxa (betrixaban), Aggrenox (aspirin/dipyridamole)
  - 4 days - Aleve (naproxen), Pradaxa (dabigatran), Mobic (meloxicam), Dolobid (diflunisal)
  - 5 days - 325 mg Aspirin, Plavix (clopidogrel), Coumadin (warfarin), Brilinta (ticagrelor), Arixtra (fondaparinux)  
The following medications must be held for 5 days because they contain aspirin: Bufferin, Alka-Seltzer, Anacin, Excedrin, and Goody's BC Powder.
  - 6 days - Relafen (nabumetone)
  - 7 days - Ticlid (ticlopidine), Effient (prasugrel)
  - 10 days - Feldene (piroxicam)
- If you have diabetes, please follow these additional instructions:
  - Do not take any oral diabetes medications the morning of your procedure.
  - Do not take short-acting insulin the morning of your procedure.
  - Take only half your usual dose of long-acting insulin the evening before your procedure. Do not take long-acting insulin the morning of your procedure.

- Monitor your blood glucose throughout the day and take glucose tablets as needed.
- If you use an insulin pump, please contact your endocrinologist for further instructions.
- Please contact Interventional Radiology Scheduling at one of the numbers below if you need to change or cancel your appointment or if you have any questions about your appointment.
  - St Vincents Riverside - 904-308-8332 - 1 Shircliff Way, Jacksonville, FL 32204
  - St Vincents Southside - 904-450-8703 - 4201 Belfort Rd, Jacksonville, FL 32216
  - St Vincents Clay County - 904-602-1286 - 1670 St. Vincents Way, Middleburg, FL 32068
  - St Vincents St Johns County - 904-450-8703 - 205 Trinity Way Hospital, St Johns, FL 32259