

EPIDURAL STEROID & LUMBAR FACET JOINT INJECTIONS

Updated
2/1/2026

	Cerner EMR Order Name	Dept Order Entry Order Name
Epidural Injection	IR Neurointervention Injection	IR Neurointervention Injection
Facet Injection	IR Neurointervention Injection	IR Neurointervention Injection

For Providers

- **Need to hold blood thinners:** yes (per chart below)
- **Need to hold diabetic medications or other meds:** no
- **Need to be NPO:** no
- **Need blood work:** not routinely checked (*if checked - platelets $\geq 20k$ and INR ≤ 3.0*)
- **Receive moderate sedation:** no (just local anesthetic)

For Schedulers

- Requirements in **For Provider** section also apply.
- **Need imaging/radiologist review:** no
- **Need H&P:** no
- **Need a driver:** yes
- **Need bed in Short Stay / PACU:** yes
- **Need an IV:** no
- **Arrival time:** 2 hrs prior to appointment
- **Stay after procedure:** 1-2 hr after procedure
- **Rads that do epidural steroid injection:** Cohen (DC), Combs (JC), Mazella (JM), Roth (NR)
- **Rads that do facet joint injection:** Combs (JC), Mazella (JM), Roth (NR)
- Order needs to specify spine/disc level.

EPIDURAL STEROID & LUMBAR FACET JOINT INJECTIONS

- Blood thinner hold and resume times:

	Higher Risk Procedures	
	Hold	Resume
Aspirin (all strengths)	3-5 days	24 hrs
Ibuprofen (Motrin) Diclofenac (Voltaren) Ketoprofen (Orudis)	12-24 hrs	immediately
Ketorolac (Toradol)	24 hrs	immediately
Indomethacin (Indocin) Etodolac (Lodine)	2 days	immediately
Diflunisal (Dolobid)	2-3 days	immediately
Naproxen (Aleve) Sulindac (Clinoril)	3-4 days	immediately
Meloxicam (Mobic)	4 days	immediately
Nabumetone (Relafen)	6 days	immediately
Piroxicam (Feldene)	10 days	immediately
Celecoxib (Celebrex) Cilostazol (Pletal)	no hold	immediately
Heparin	4-6 hrs (IV) 6 hrs (SQ)	6-8 hrs
Enoxaparin (Lovenox)	12 hrs (if once daily) 24 hrs (if twice daily)	12 hrs
Dalteparin (Fragmin)	24 hrs	12 hrs
Warfarin (Coumadin)	hold until INR ≤ 1.8	24 hrs
Clopidogrel (Plavix)	5 days	6 hrs (75 mg dose) 24 hrs (higher dose)
Ticagrelor (Brilinta)	5 days	24 hrs
Prasugrel (Effient)	7 days	24 hrs
Aspirin/Dipyridamole (Aggrenox)	3-5 days	24 hrs
Fondaparinux (Arixtra)	2-3 days (GFR ≥ 50) 3-5 days (GFR < 50)	24 hrs
Argatroban (Acova)	2-4 hrs	4-6 hrs
Bivalirudin (Angiomax)	2-4 hrs	4-6 hrs
Apixaban (Eliquis)	2 days (GFR ≥ 50) 3 days (GFR < 50)	24 hrs
Dabigatran (Pradaxa)	2 days (GFR ≥ 50) 3-4 days (GFR < 50)	24 hrs
Rivaroxaban (Xarelto)	2 days (GFR ≥ 30) 3 days (GFR < 30)	24 hrs
Betrixaban (Bevyxxa)	3 days	24 hrs
Edoxaban (Savaysa)	2 days	24 hrs
Ticlopidine (Ticlid)	7 days	24 hrs
Desirudin (Iprivask)	4 hrs	1 hr
Abciximab (ReoPro)	24 hrs	per Cardiology
Eptifibatide (Integrilin) Tirofiban (Aggrastat)	4-8 hrs	per Cardiology