

HISTOTRIPSY

Updated
2/4/2026

| Cerner EMR Order Name | Dept Order Entry Order Name |
|-----------------------|-----------------------------|
| IR Histotripsy | IR Histotripsy |

For Providers

- **Need to hold blood thinners:** no
- **Need to hold diabetes / weight loss medications:** yes (per infomation below)
- **Need to hold other meds:** no
- **Need to be NPO:** yes (8 hrs for food and non clear liquids, 2 hrs for clear liquids)
- **Need blood work:** yes within 72 hrs (inpatients) or within 30 days (outpatients)
 - CBC w/o differential (*platelets $\geq 50k$*)
 - PT/INR (*INR ≤ 1.8*)
 - BMP (only in patients with renal disease)
- **Receive moderate sedation:** general anesthesia

For Schedulers

- Requirements in **For Provider** section also apply.
- **Need imaging/radiologist review:** yes
- **Need H&P:** yes updated within 30 days of procedure date (must include heart & lungs exam)
- **Need a driver:** yes
- **Need bed in Short Stay / PACU:** yes
- **Need an IV:** yes
- **Arrival time:** 2 hrs prior to appointment
- **Stay after procedure:** 2-4 hrs after procedure
- **Rads that do procedure:** Rezaei (AR)

Diabetic Medication Instructions

- Do not take any oral diabetes medications the morning of your procedure.
- Do not take short-acting insulin the morning of your procedure.
- Take only half your usual dose of long-acting insulin the evening before your procedure. Do not take long-acting insulin the morning of your procedure.
- Monitor your blood glucose throughout the day and take glucose tablets as needed.
- If you use an insulin pump, please contact your endocrinologist for further instructions.

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Other Diabetes & Weight Loss Medication Hold Times

- For procedures involving general anesthesia, the following medications should be held for the indicated timeframe:

| 24 Hour Hold | | 4 Day Hold | | 7 Day Hold |
|---------------------|------------------|-------------------|------------|-------------------|
| Brynovin | Saxagliptin | Bexagliflozin | Invokana | Bydureon BCise |
| Byetta | Saxenda | Brenzavvy | Jardiance | Dulaglutide |
| Exenatide | Sitagliptin | Canagliflozin | Qtern | Mounjaro |
| Janumet | Soliqua 100/33 | Dapagliflozin | Segluromet | Ozempic |
| Januvia | Tradjenta | Empagliflozin | Steglatro | Tirzepatide |
| Jentadueto | Victoza | Ertugliflozin | Steglujan | Trulicity |
| Liraglutide | Xultophy 100/3.6 | Farxiga | Synjardy | Wegovy |
| Lixisenatide | Zituvimet | Glyxambi | Trijardy | Zepbound |
| Rybelsus | Zituvio | Invokamet | Xigduo XR | |